



CAMBRIDGE DADS PRESENTS...

NURTURING FATHERS SERIES

What is Nurturing Fathers?

The Nurturing Fathers Program is a FREE 12-week series for fathers with children ages birth to 10 years old. The series creates a space for fathers to discuss, reflect and gain tools to help with understanding how to be a nurturing and supportive father, while maintaining their authority and providing consistent guidance and structure.

Topics include:

- Fathering sons/Fathering daughters
- Discipline and fun games for fathers and their children
- Teamwork with spouse/partner
- Balancing work and fathering

WHEN:
Wednesday Nights
September 11 through
December 11,
6:15 PM – 8:15 PM

WHERE:
Cambridge Community
Center
5 Callender Street
Cambridge, MA

Child care & dinner
provided!

LIMITED SPACE!

To sign up contact
John Arias at
857-209-4964
or email
cambdads@cambridgema.gov



CAMBRIDGE
DADS

EST. 2014