**Resources for LGBTQ+ Seniors**

**Best Practices**

**1. The SAGE (Services and Advocacy for GLBT Elders) National Resource Center on LGBT Aging** has authored “Best Practices Guides” to support healthcare organizations with providing LGBT inclusive care to elders (see References for full citation). The guides are listed below (in order of publishing date): a. “Age-Friendly Inclusive Services: A Practical Guide to Creating Welcoming LGBT Organizations.” (2015). b. “LGBT Programming for Older Adults: A Practical Step-by-Step Guide.” (2015). c. “Inclusive Questions for Older Adults: A Practical Guide to Collecting Data on Sexual Orientation and Gender Identity.” (2013). d. “Inclusive Services for LGBT Older Adults: A Practical Guide to Creating Welcoming Agencies.” (2012). URL link to resources listed above: <https://www.lgbtagingcenter.org/resources/resources.cfm?s=35>

**2. Health Imperatives is a non-profit organization that runs the program, “The Gay, Lesbian, Bisexual, and Transgender Youth Support Project and OutHealth.”** This organization provides cue cards for providers who work with adults to support LGBT inclusivity. These cue cards are available for electronic download and hard copy. URL link to LGBT related cue cards: <http://www.healthimperatives.org/glys/cue-cards>

**3. The National LGBT Health Education Center of the Fenway Institute in Boston, Massachusetts**, provides educational programs, resources, and consultation to health care organizations in order to promote and improve quality and affordable health care for LGBT people. On their website (listed below) are various publications and resources regarding health information and best practices to support LGBT senior patients, clients and residents. URL link: http://www.lgbthealtheducation.org/publications/top/

**Training and Community Education Seminars**

**1. SAGE’s National Resource Center on LGBT Aging:** In addition to “Best Practice Guides,” SAGE also provides in-person and online trainings, created to support staff within healthcare organizations learn the best ways to provide a welcoming environment for LGBT senior patients and residents. • Webinars (1 hour) Trainings include: Introduction to LGBT Aging; Embracing LGBT Older Adults of Color; Transgender Aging: What Service Providers Need (and Don't Need!) to Know; Respected and Whole: Preventing Anti-LGBT Bias between Constituents, Staff, and across Aging Services. • In-Person Trainings include: Welcoming LGBT Older Adults; Improving Aging Services for LGBT Older Adults; Hospice and Palliative Care for LGBT Patients and Families; Psychosocial Needs of LGBT Veterans; Including Older Adults in LGBT Organizations. Further information, such as how to request training or further details regarding training content, can be found at the following URL link: <https://www.lgbtagingcenter.org/training/index.cfm>

**2. LGBT Aging Project:** The LGBT Aging Project is a local organization, whose work is focused in Massachusetts and on LGBT issues related to aging. This organization provides both Cultural Competency Trainings and Consultation, as well as Community Education Seminars, tailored specifically to mainstream elder service providers and healthcare organizations to help support their work. Further information, such as training content details and how to request services, can be found at the following URL links: Cultural Competency Training: http://www.lgbtagingproject.org/our-programs-andservices/cultural-competency-training/ Community Education Seminars: <http://www.lgbtagingproject.org/our-programs-andservices/community-education-seminars/>

**3. The Fenway Institute’s National LGBT Health Education Center:** Another great local resource, the National LGBT Health Education Center has many training opportunities for staff of healthcare organizations. They offer webinars, and live education and training programs. Page | 44 Further information, such as how to request training or further details regarding training content, can be found at the following URL link: <http://www.lgbthealtheducation.org/training/educational-programming/>

**Local Events + Programming**

**1. Cambridge Café @ Ryles:** Monthly dinner for LGBT seniors. Flyer with location details at following link: < https://eldercare.org/wp-content/uploads/2014/05/LGBT\_MealSiteFlyer.pdf >

**2. Somerville Cambridge Elder Services (SCES):** www.eldercare.org ; 617-628-2601 • Offers older adults resources, information, advice and services. 28 • Developed a comprehensive LGBT Resource Guide: < https://eldercare.org/wpcontent/uploads/2014/08/LGBT-Resources-Guide.pdf > that includes information about meal programs, support and social groups, faith communities, legal services, and other resources for LGBT older adults in Cambridge and the Greater Boston Area.