





## MEN'S MENTAL HEALTH & WELLNESS CONVERSATION SERIES

Monday, March 2, 2020

6 p.m. - 8 p.m

Massasoit Elks Lodge 55 Bishop Allen Dr.

Facilitated by: **S. Kwame Dance,** MA, MBA, PsyD candidate

Dinner will be provided, plus the chance to win a prize!

Mental health wellness matters! Join the Men's Health League for a night of learning & discussion as we explore the role of trauma and the effects it has on your physical & mental health.

For more info, contact: Albert Pless

□ apless@challiance.org
□ 617-665-3830

Register here: https://bit.ly/38L4HWw



