



Cambridge Senior Center (806 Mass. Ave.)

Social and Support Groups



Book Group “Hybrid”

Thursday, May 9, 2024

12-1 pm

The Psychology of Optimal
Experience Flow

By Mihaly Csikszentmihalyi

Documents a set of scientific discoveries about human nature that illuminate the life experiences of all persons; a profound and pathbreaking book.

**To register, call the Council on Aging at
617-349-6220.**



This program is for ages 60 years and older.

Cambridge Senior Center

806 Massachusetts Avenue, Cambridge, MA 02139

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