



## Cambridge Senior Center (806 Mass. Ave)

### Special events



## **Vegetable Gardeners Unite!**

### **Monday, May 12, 2025**

### **12:00 - 1:00 pm**

If you are a former or current vegetable gardener OR if you've always wanted to try growing your own fresh veggies, join Cambridge City Growers to hear how some neighbors are growing in the city, even without access to land. Gardening is a way to connect with fellow gardeners, experience the outdoors in a low-stress way, grow something you'll and boost mental health. Share your interest in gardening, hear about the "urban farming" movement, and discover what you can contribute to the community.

Space is limited, registration required.

**For more information, call the Council on Aging at 617-349-6220**



**This program is for ages 60 years and older.**

Cambridge Senior Center  
806 Massachusetts Avenue, Cambridge, MA 02139  
[www.cambridgema.gov/councilonaging](http://www.cambridgema.gov/councilonaging) • 617-349-6220