

Technology Help Sessions and Skills Workshops

We hold workshops on topics that matter to you most, like how to protect yourself, build skills, and be more social online.



Join us for our Workshop on Artificial Intelligence (AI)!
Thursday May 8th 10:00AM - 11:00AM

The Arts & Crafts Room at the Cambridge Senior Center

806 Massachusetts Avenue

In this collaborative workshop we will discuss AI. What is it exactly, and why you shouldn't be afraid of it, and how to use it to help you. We'll show you how you can use it for free

Open to all skill levels!

Questions? Contact program manager Colin Barr at colin.barr@eldercare.org or 617-628-2601 ext. 1007.

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