



**Cambridge Senior Center (806 Mass. Ave.)  
Social and Support Groups**



## ***Veterans and Friends Support Group***

**Wednesday, March 11, 2026**

**1 – 2 p.m.**

**In-person**

**The Council on Aging hosts a once-a-month Veterans and Friends Support Group.**

This group is a place where veterans and non-veterans can come to check in, share stories, discuss life experiences, socialize, and discuss military culture in a nonjudgmental space. The focus will be on promoting self-care, wellness, and peer support.

If you are interested in participating or have any questions, please contact **Dee Cannon** at [dcannon@cambridgema.gov](mailto:dcannon@cambridgema.gov) or 617-349-6048.



**This program is for ages 60 years and older.**

Cambridge Senior Center  
806 Massachusetts Avenue, Cambridge, MA 02139  
[www.cambridgema.gov/CouncilOnAging](http://www.cambridgema.gov/CouncilOnAging) • 617-349-6220