



Volunteer Opportunities

Live with purpose



Become a Mentor

In-person: Our one-to-one mentoring program matches youth with disabilities with caring adult mentors. These volunteers serve as friends, role models, and supportive adults for our youth. Mentors must be able to commit to one year of volunteering, during which they are expected to meet with their mentee for 4-6 hours per month.

Online: In our online group mentoring program for young adults with disabilities, volunteers connect with students online, answer their questions, and offer input and advice on their path from school to employment. Mentors are encouraged to share examples from their own personal career path, and to network with participants who are interested in a similar career.

Host a Real World Experience

As part of our career readiness program, we expose students with disabilities to real-world work experiences around the Greater Boston area. These include job shadows, guest lectures from current professionals, workplace exploration tours, and mock interviews. The goal is to expose students to a variety of potential careers, fields, and workplaces, and we are always looking for more volunteers and workplaces that would like to speak with our students.

Host an Intern

As part of our career readiness program, we place youth with disabilities in internships at various businesses around the Boston area. These youth are provided with individualized support from PYD staff, helping them with any barriers or hurdles they encounter. We are always looking for more internship placements for our students, and we strive to provide internships at a range of diverse organizations.

Sign up today!

If you are interested in volunteering, you can sign up online at www.pyd.org/get-involved.
Or contact us at **617-556-4075** or info@pyd.org.



"Everybody in this room is able to do something. We are not disabled; we're able to do something. It took me a long time to figure that out. And Leidy, my mentor, guided me through it. She is the queen of resilience. I love her so much."

-PYD Mentee, Seana

Our Impact

PYD works to create a world where youth with disabilities can lead self-determined lives filled with **dignity, pride, and purpose.**

We have over 35 years of experience, and we work both to raise the skills and abilities of youth with disabilities and to increase the inclusivity of organizations, workplaces, and communities..

Our Promise

At PYD, we welcome and include people of all disabilities and abilities, identities, and backgrounds. We believe that diverse and fully inclusive organizations empower individuals, heal communities, and create a better world for us all.



5 Middlesex Avenue, Suite 307
Somerville, MA 02145



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