

Center for Families

The Center for Families is part of the Department of Human Service Programs of the City of Cambridge. We offer **free programming, resources and supports to all families living in Cambridge with children prenatal to 8 years old.**

We offer a mixture of live virtual programs and some limited in-person programs. We also share interactive parent/child activities and resources through our Google Group, on our website and on our social media.

Some of our programs include: Baby Time Infant Playgroups, Parent/Child Playgroups, Cambridge Dads programming, parent education workshops, Moms' Groups, virtual story times, interactive events, information on child development (through the Ages and Stages Questionnaire), and more!

- **How to keep in touch:**
 - CFF website: www.cambridgema.gov/dhsp/cff
 - FaceBook page: www.facebook.com/cambridgecenterforfamilies

Feel free to reach out to the Center for Families any time with question or if you just want to connect! Give us a call at 617-349-6385 (please leave a message) or email us at centerforfamilies@cambridgema.gov.

The Center for Families is funded by the City of Cambridge, the Coordinated Family and Community Engagement (CFCE) grant from the Massachusetts Department of Early Education and Care (DEEC), Children's Trust, Cambridge Public Schools, and the Cambridge Health Alliance.



Cambridge Dads

Cambridge Dads is a partnership between the Center for Families and the Agenda for Children Literacy Initiative.

John and Shawn connect with fathers and father figures and provide information on how a dad can get involved with Cambridge Dads.

Some of the programs we offer include: events for **Dads and Kids** and events and workshops for **Dads only**, connecting **one on one**, information on **community resources**, and information on **child development** (through the Ages and Stages Questionnaire)

Fathers and Father-figures who live, play, pray, learn or work in Cambridge can reach us by:

- Phone Call or Text Message: 857-209-4964
- Email: cambdads@cambridgema.gov
- Facebook: @CambridgeDads and Twitter: @CambDads

Our **Fatherhood Text Campaign** offers a great way to be connected and informed! Sign up to receive a text once a week about fatherhood, events, and activities to do with your kids in and around Cambridge. To Sign-Up: Text the word **father** to **95577** (standard text messaging rates apply).

