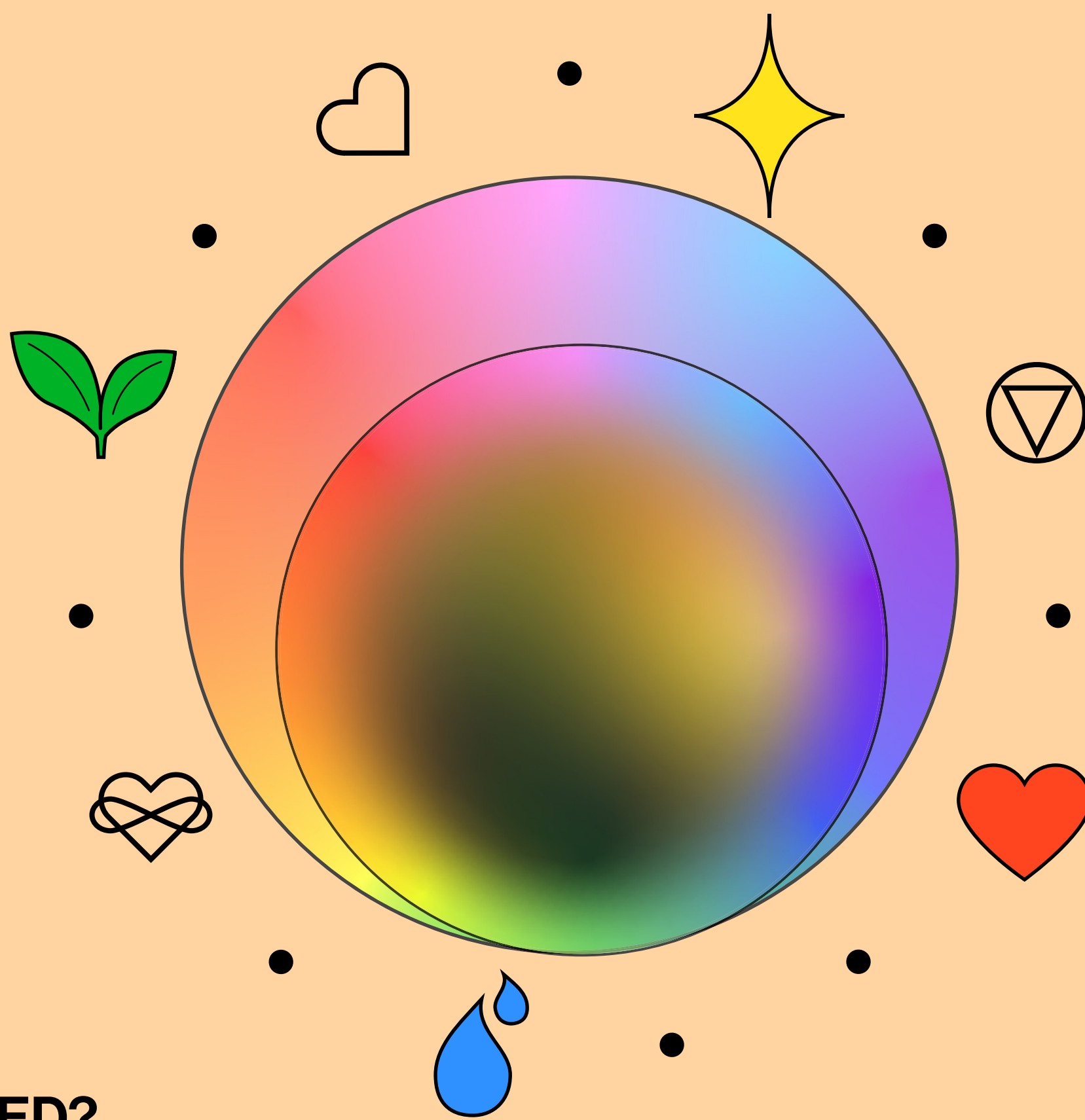


the **Network** la **Red**

Survivor Support Group

LATE SUMMER
EARLY FALL

2021



INTERESTED?

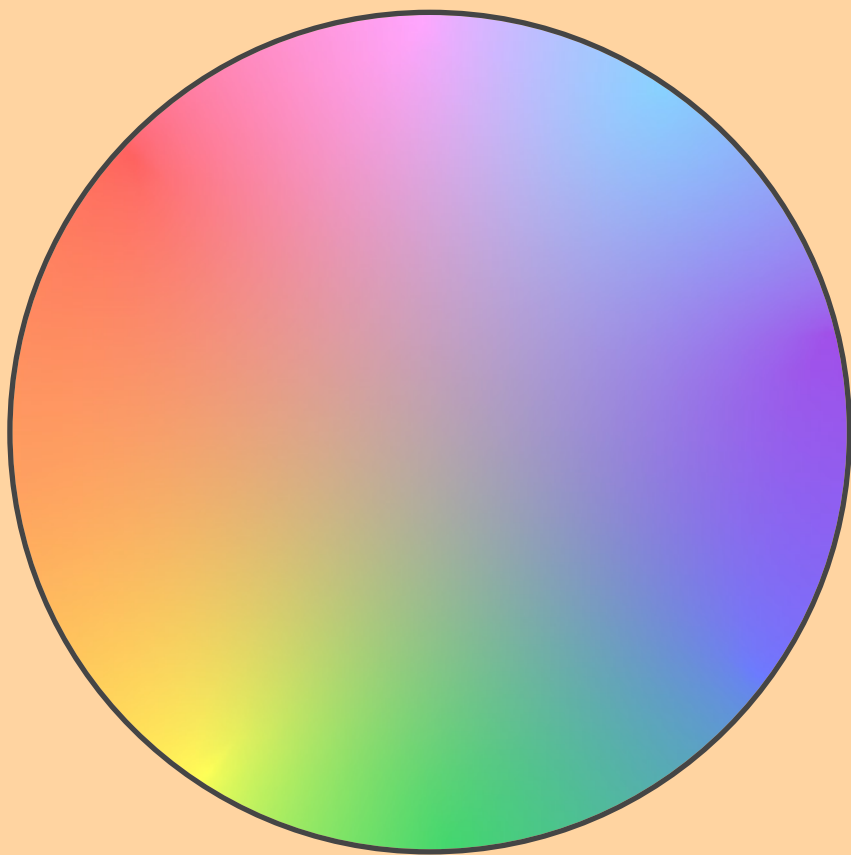
CALL OUR HOTLINE

800-832-1901

tnlr.org

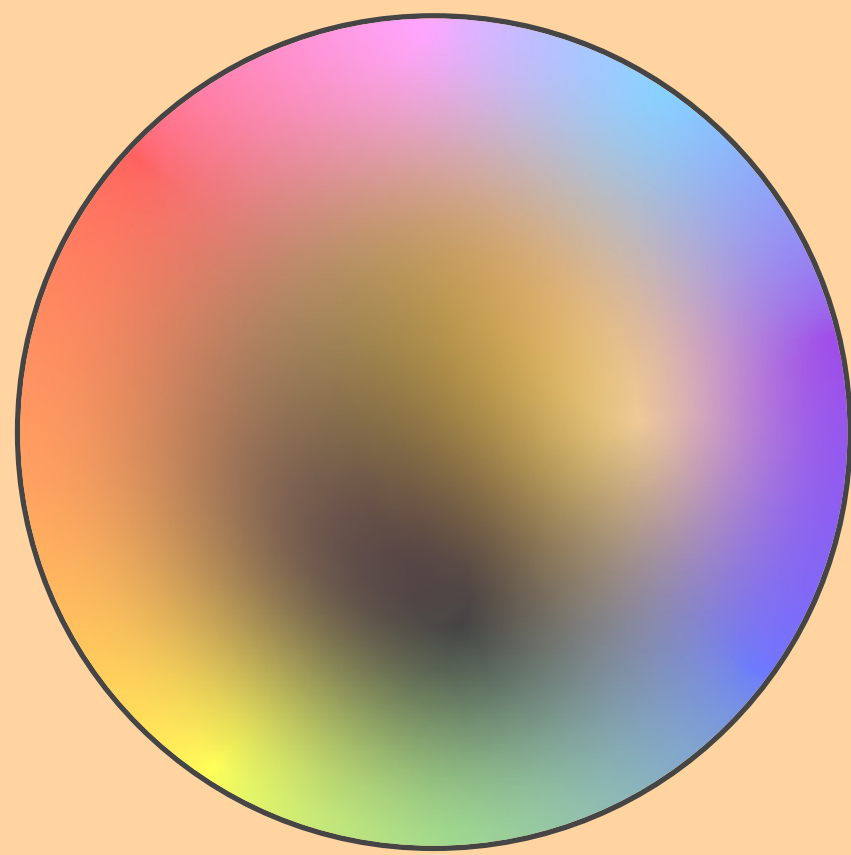
Two types of survivor-centered groups

LGBTQ+



For survivors in LGBTQ+, polyamorous, and/or kink communities.

QTBIPOC



For LGBTQ+, polyamorous, and kinky survivors who are Black, Indigenous, and/or People of Color.

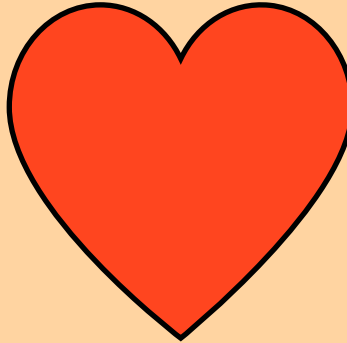
Free & Confidential

100% 

Phone-based

FAQ:

Support  **t**

Gro  **ps**

**What you can expect from
TNLR's support groups**

Questions?

ANSWERS AHEAD →

FAQ:

How much does it cost?

Like all of TNLr's services, participating in a support group is free. You will need a phone that supports conference calling.

What are support groups like?

Support groups are confidential weekly calls facilitated by 2 trained TNLr staff or volunteers with no pre-determined agenda. It's a space for survivors to connect, ask questions, and offer mutual support.

Is it really confidential?

What happens in support group stays in support group. But we hope you feel empowered to take what you learn into the rest of your life. Call our hotline to learn more about confidentiality.

FAQ:

What is the time commitment?

Like all of TNLr's services, participating in a support group is free. You will need a phone and mobile plan that supports conference calling.

What can I talk about?

Survivors choose what they'd like to talk about and inform the progression of the group. We aren't here to censor you! But some ideas are asking for advice, sharing stories, or discussing general topics.

Questions we didn't answer?

**Visit our website or
call our hotline to learn more.**

800-832-1901

tnlr.org

