

Each session will introduce yoga to children using the natural world as a guide: changing seasons, animals and their varied habitats, and natural environments around the world. The program will include games, songs, stories, arts and crafts, free play and mindfulness activities specifically designed for young children.

Mindful Fun yoga Summer Camp 2023

Learn more:

<https://www.artipandey.com/summer>

REGISTRATION: WWW.GARDENNURSERY SCHOOL.ORG

July 24 - July 28
July 31 - August 4

Ages: 4 to 7; Must be
potty trained
Class size 12 max

Harvard Square @ 24A Farwell Place