



Summer Series

Nature in the City Festivals

Friday, June 30 • 5:00-8:00 pm | Friday, July 28 • 5:00-8:00 pm | Friday, August 25 • 4:00-7:00 pm Explore nature, make art, dance to live music, eat, and play games as the sun sets over the Charles River.

Mindfulness in Nature

Sunday, June 18 & August 20 • 5:00-6:30 pm | Sunday, July 16 10:00-11:30 am Slow down, engage your senses, and enjoy the nature of the park

Yoga in the Park

Wednesdays from June 21 - July 26 • 7:00-8:30 am

Enjoy a summer morning at the park as you emphasize the breath and body.

Bachata by the River

Sunday, June 25, July 23, August 27 • 6:00-8:00 pm
Whether an expert or new to dance, connect with the local bachata community surrounded by nature!

Designing a Climate Ready Green City

Sunday, July 9 • 5:00-7:00 pm | Saturday, August 5 5:00-7:00 pm Discuss ways to strengthen how we power our homes and businesses using clean energy solutions.

Preschool Storytime

Mondays from July 10 - August 7, 21, 28 • 10:00-10:30 am Enjoy a nature-based story read by the librarians of the Central Square Branch in Cambridge.

Preschool Nature Detectives

Thursdays from July 13 - August 31 • 10:00-11:00 am

Explore different aspects of the park each week to discover all the hidden mysteries around us.

Single Sessions

Orienteering with Navigation Games

Thursday, July 6 • 10:00 am-12:00 pm

Get outside with Navigation Games, Mass Audubon, and Cambridge Sports Union

for a day of orienteering.

River Meditation

Friday, June 30 • 6:00-7:00 pm

Take a reflective walk along the river's edge exploring and connecting with nature's beauty.

Nature Poetry Open Mic

Sunday, July 2 • 5:00-6:30 pm

Share your own nature-based poetry or come to listen & support the community.

Meet the Beekeeper

Saturday, July 15 • 5:00-7:00 pm

See live bees in an active hive and learn some of the basics about keeping honeybees.

Intro to Smartphone Nature Photography

Saturday, July 22 • 4:00-5:00 pm

Become an expert with your smartphone camera and capture and edit the best of nature on the go.

Outdoor Video Production with Cambridge Community Television

Thursday, August 17 • 5:00-7:00 pm

Get a crash course on professional video recording equipment and learn best practices for capturing engaging images of nature.

Intro to DSLR Nature Photography

Saturday, August 19 • 4:00-5:00 pm

Learn the basics of using your digital single-lens reflex (DSLR) camera to photograph the best of nature.

Any DSLR camera and lens will do!

Sound Bowl Vibe Session

Thursday, August 24 • 4:00-5:00 pm

Bring a comfy blanket or yoga mat to settle in under the setting sun for a melodic Sound Bath.



