

A smiling woman with long dark hair, wearing a white t-shirt and blue jeans, is holding a baby. The baby is wearing a pink sleeveless top and patterned leggings. A hand with curly hair is visible on the left side of the frame, reaching towards the woman. The background shows a doorway and a wall.

Home Visiting Programs Guide

DEVELOPED BY THE CAMBRIDGE OFFICE OF
EARLY CHILDHOOD

CAMBRIDGE
Office of Early Childhood



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HOW TO USE THIS GUIDE

Cambridge and Somerville have a variety of Home Visiting Programs that are designed to meet the different needs of families. This guide supports the process in finding the right match for families by providing a step by step process to partner with families in finding the best program for them.

Benefits of a Home Visiting Program

Home Visiting Programs primary purpose is to support and encourage parents and caregivers, share information, and connect to resources in their home and/or convenient location.

STEP 1: Share the benefits of engagement for families

Parenting can be challenging; we all need support. Support could take many forms. It could be a play group and connecting to the library. For others, it might be a one time home visit and connection to long term home visiting.

STEP 2: Discuss when a Home visiting program would be helpful.

Ask the family questions about their transition to parenthood and pregnancy. While the parent is talking, actively listen to the needs of the family.

Listen for:

- General stress about being a new parent
- Concern about child's development
- Particular stressors like being a young parent, use or prior substance use, mental health challenges
- Significant financial struggles
- Challenges with how to relate to/play with/ engage with child

STEP 3: Suggest programs

Use individual program descriptions to suggest programs that may support a family's current needs. It could make sense to refer families to more than one program. **Please note most of these programs are at no cost to families.**

STEP 4: Follow-up

When you refer a family to a program, follow-up on the referrals either with the provider or the family. This helps families navigate through any additional obstacles that may arise.

Note, a release of information may be needed from the parent to refer them to a program.

Additional Support

We are happy to answer any questions, make corrections or talk over referrals. Thanks for all the hard work you do!

Yadling Richemond, Cambridge Office of Early Childhood, yrichemond@cpsd.us

TYPES OF HOME VISITING PROGRAMS

Use this glossary to determine which type of program matches best with the family.

Prevention

● Comprehensive Parenting Family Support

- **Time Period:** Can be short or long term.
- **Staffed By:** Trained Home Visitors
- **Focus:** Support families in child development, parenting skills, connection to beneficial services, and concrete support in times of need.
- **Process:** Frequent home visits to work alongside the parent/family to achieve their goals.

● Literacy, Play and Early Learning

- **Time Period:** Operates on the school calendar.
- **Staffed By:** Trained Home Visitor
- **Focus:** The primary focus is to support parents as the child's first and most enduring teacher.
- **Process:** Home visitor shares with caregivers/families best practices that promote early learning. Visitors bring toys, books and other tools that engage parent and child in talking and playing.

● Universal One Time Visit

- **Time Period:** One visit, but could include additional visit if needed.
- **Staffed By:** Trained Home Visitors
- **Focus:** Connect all families to community resources and share child development information.
- **Process:** They bring a gift for the family to welcome them into the community, parenthood, and share resources available to them.

Intervention

● Child at Risk for Developmental Delay

- **Time Period:** Can be short or long-term depending on the need.
- **Staffed By:** Licensed Clinicians (Physical Therapist, Occupational Therapist, Speech Language Pathologist, Mental Health Clinician, Nurse, etc.)
- **Focus:** Support children and families where there is a delay in the child's development or enough stressors that it could affect a child's development.
- **Process:** Partner with families to provide individualized support to manage challenges and promote development.

● Parent/Child Wellbeing

- **Time Period:** Can be short or long-term depending on the need.
- **Staffed By:** Primarily by licensed clinicians (Physical Therapist, Occupational Therapist, Mental Health Clinician, Nurse, etc.) as well as doulas, breastfeeding counselors, and trained home visitors.
- **Focus:** Supporting the family around specific health or wellness challenges.
- **Process:** Working in partnership with the family to provide wrap-around support to promote positive health behaviors and positive parent-child interactions.

TYPES OF HOME VISITING PROGRAMS (Cont.)

The programs are categorized by the primary goal of the program. Most programs offer services in the other categories and can meet the varied needs of a family. A program could be a good fit for a family and not be in the category under their primary concern.

Pregnant



Comprehensive Parenting/Family Support

- Healthy Families (1st Pregnancy, Parent Under 23)
- Riverside Early Head Start (Income Based)
- JF&CS - Visiting Moms

Parent/Child Wellbeing

- CHA - Doula Program (CHA Only)
- JF&CS - Project NESST (Substance Abuse)
- JF&CS - Early Connections (Mental Health, Mom/Baby Attachment)
- Riverside Early Intervention Parenting Partnership (health, mental health, attachment)

Baby



Universal One Time Visit

- Agenda for Children: Let's Talk (Cambridge)
- SomerBaby (Somerville)

Comprehensive Parenting/Family Support

- Baby University
- (Cambridge, neighborhood based)
- Healthy Families (1st Pregnancy, Parent Under 23, Baby Under 1)
- JF&CS-Visiting Moms
- Riverside Early Head Start (Income Based)

Child at Risk for Developmental Delay

- JF&CS - Fragile Beginnings (Transitioning from Neo-Natal Intensive Care Unit)
- Riverside Early Intervention

Parent/Child Wellbeing

- Center for Families (Cambridge)
- JF&CS - Project NESST (Substance Use/Exposure)
- JF&CS - Early Connections (Mental Health, Mom/ Baby Attachment)
- Riverside Early Intervention Parenting Partnership (Before baby 2 months, health, mental health, attachment)

Toddler and Pre-school



Universal One-time Visit

- Agenda for Children: Let's Talk (Cambridge)

Child at Risk for Developmental Delay

- Riverside Early Intervention (under 3)

Comprehensive Parenting Family Support

- Baby University (Cambridge, neighborhood based)
- Riverside Early Head Start (Income Based, Up to Age 3)

Literacy, Play, School Readiness

- Home Based Early Childhood Program (Cambridge, 18 Months and Up)
- Parent Child + (Somerville, 18 Months and Up)

Parent/Child Wellbeing

- Center for Families (Cambridge)
- JF&CS-Project NESST (Substance Use/Exposure)
- JF&CS-Early Connections (Mental Health, Mom/Baby Attachment, under 3)
- Riverside Preschool Team (3 and Up, Child Behavioral Health Concern)

NAVIGATING PROGRAM DESCRIPTIONS

The one-page description of each home visiting program provides the following information:

- **Program Focus:** Describes the content area and focus of the work.
- **Program Details:** Eligibility, number of visits offered, and length of visit.
- **Additional Offerings/Information:** What other services the program offers, and/or other things to note.

Tips for Success

- **Eligibility**

Use eligibility as the first filter for a referral. However, note that some of these programs have flexibility in who they can accept and others do not. Be familiar with these exceptions to best support families.

- **Paint the Whole Picture**

Many programs have an array of offerings. For instance, some program's primary focus is comprehensive parenting and family support, but also offers workshops, field trips for the whole family, and father get-togethers. Share the primary focus of the program, with families, but tell them additional services maybe available.

- **What's Missing from This Guide?**

The list of programs in this Programs Guide may not be complete. Other home visiting programs or community based programs might work for the family with special circumstances.

AGENDA FOR CHILDREN LITERACY INITIATIVE/ LET'S TALK!

● Universal One Time Visit

Cambridge Public Health Department
119 Windsor St.
2nd Floor
Cambridge, MA 02139



Web: LetsTalkCambridge.org Facebook: Let's Talk Cambridge
Instagram: @LetsTalkCambMA

Primary Focus

- Support early brain development
- Promote language and reading development
- Referral to community resources
- Free books

Program Details

- **Eligibility Requirements:** Open to all *Cambridge* families with children birth to 4 years old
- **Location:** Home, other convenient location, remote
- **Visit Frequency/length:** 1-2 visits total, 1-1.5 hours each visit
- **Languages:** Have capacity to serve in many languages
- **Cost:** No cost to families

Additional Offerings/Information

- Parent Workshops
- Playgroups
- StoryWalks
- Book Giveaways
- Programs for Dads
- Summer Book Bike

To schedule a visit:

Contact: Becky Smick
Phone: (617) 657-4432
Email: rsmick@challiance.org

BABY UNIVERSITY

● Comprehensive Parenting and Family Support

Center for Families/Cambridge DHSP
51 Inman St.
Cambridge, MA 02139



Web: www.cambridgema.gov/dhsp/programsforfamilies/babyuniversity
Facebook: Baby U, Cambridge MA X: @CambridgeDHSP

Primary Focus

- Connect with other parents through a 14-week parent education/support series.
- Learn more about parenting topics, such as brain development, positive discipline, managing stress, child development, parent/child relationship, and more.
- Build community connections
- Access resources

Program Details

- **Eligibility Requirements:** *Cambridge* families with at least one child under 4 years old. Neighborhood based.
- **Location:** Home, office, other convenient location, remote
- **Visit Frequency/length:** 45-60 minutes, every 2 weeks for 5 months
- **Languages:** Parent-Level 3 English, limited support in other languages
- **Cost:** No cost to families

Additional Offerings/Information

- Continued connection with Baby U staff and other program graduates (alumni)
- Workshops, events and home visits for alumni families
- Programs for dads

To schedule a visit:

Contact: Shawn Proctor
Phone: (617) 359-7230
Email: sproctor@cambridgema.gov

CENTER FOR FAMILIES

● Parent/Child Wellbeing

70 Rindge Ave, Cambridge, MA (Peabody School)
51 Inman St., Cambridge, MA (ground level)



Web: www.cambridgema.gov/dhsp/programsforfamilies/centerforfamilies

Facebook: Center for Families X: @cambridgeDHSP

Primary Focus

- Provide short-term case management to eligible families with at least one child under 5 years old.
- Connecting families to community resources, including concrete supports in times of need.
- Support families who have questions or concerns around child development, behavior or who are interested in participating in ASQ questionnaire.

Program Details

- **Eligibility Requirements:** *Cambridge* resident with children birth-5 years old
- **Location:** office, virtual, phone, home
- **Visit Frequency/length:** Short-term as needed
- **Languages:** Interpreter services available
- **Cost:** No cost to families

Additional Offerings/Information

- Parent/child Activities
- Parent Support Groups
- Parent Education Workshops
- Cambridge Dads
- Family and Community Events

To schedule a visit:

Contact: Center for Families Main Office
Phone: (617) 349-6385
Email: centerforfamilies@cambridgema.gov

CAMBRIDGE HEALTH ALLIANCE DOULA PROGRAM

● Parent/Child Wellbeing

Cambridge Health Alliance
1493 Cambridge St.
Cambridge, MA 02139



Web: www.challiance.org/services-programs/obstetrics-and-gynecology/labor-delivery-and-beyond
Facebook: Cambridge Health Alliance X: @CambridgeHealthAlliance

Primary Focus

- Support during pregnancy, birth, and postpartum
- Help women/families have a positive birth experience
- Promotes emotional and physical recovery from birth
- Feeding the newborn and mother and infant bonding

Program Details

- **Eligibility Requirements:** Cambridge Health Alliance patient with a referral from a CHA provider, prenatal - baby 6 weeks old
- **Location:** Home or remote
- **Visit Frequency/length:** As needed and up to 6 weeks postpartum
- **Languages:** Capacity to serve in many languages
- **Cost:** No cost to families

Additional Offerings/Information

- Check in for updates on in-person new parent and breastfeeding support groups

To Schedule a Visit:

Contact: Martine Dubuisson
Phone: (617) 665-1164
Email: mdubuisson@challiance.org

HOME-BASED EARLY CHILDHOOD EDUCATION PROGRAM

● Literacy, Play and Early Learning

Cambridge Public Schools Haggerty School
110 Cushing St.
Cambridge, MA 02139

ParentChild+
Equal Possibilities From The Start



CAMBRIDGE
PUBLIC SCHOOLS



Web: cpsd.us/departments/home_based_early_childhood_education_program

Primary Focus

- Supports parent in their role as their child's first teacher
- Builds language and learning skills, a foundation for later reading success
- Builds on young children's natural interest in learning by promoting parent-child interaction and play
- Encourages parents to use everyday items and the world around them as learning opportunities

Program Details

- **Eligibility Requirements:** Open to all *Cambridge* families with children between 18 months and 4 years old as of October of the current school year
- **Location:** Home, other convenient location or remote
- **Visit Frequency/length:** 1 hour weekly, for 2 school years
- **Languages:** Have capacity to serve in many languages
- **Cost:** No cost to families

Additional Offerings/Information

- Free books, educational toys and activities each visit
- Library visits
- Opportunities to meet with other families
- Field trips
- Monthly indoor/outdoor playgroups

To schedule a visit:

Program Coordinator: (617) 349-6724
or
Program Clerk: (617) 349-6849

Please visit our website for more information.

EARLY CONNECTIONS / CONEXIONES TEMPRANAS (EC/CT)

● Parent/Child Wellbeing

Jewish Family & Children's Services
1430 Main St., Waltham, MA 02151



Web: www.jfcsboston.org/our-services/center-for-early-relationship-support/parent-child-therapy/specialized-support-for-families-who-experienced-trauma

Facebook: The Center for Early Relationship Support X: @jfcsboston

Primary Focus

- Therapeutic service for parents experiencing emotional difficulties during the transition to parenthood
- Specialized treatment, by clinicians trained in perinatal and infant mental health
- Help parents feel more confident in their new relationship with their baby and to cope with the complex emotions that arise
- Supportive consistent relationship to move towards improved parental health and well-being

Program Details

- **Eligibility Requirements:** Parents who have mental health needs, prenatal or parenting with a child up to 3 years old.
- **Location:** Home, other convenient location, or remote
- **Visit Frequency/length:** Weekly, 1 hour, until child turns 3, or 16 sessions occur, whichever comes first.
- **Languages:** English and Spanish
- **Cost:** Sliding scale fee, some insurances are accepted

Additional Offerings/Information

- Supports parents struggling with postpartum depression and/or anxiety, or with feelings of disconnection from their baby, support families with babies who have early vulnerabilities or unusual fussiness
- Weekly support groups are offered

To schedule a visit:

Email: CERSIntake@jfcsboston.org
Phone: 781-693-1200

FRAGILE BEGINNINGS

● Child at Risk for Developmental Delay

Jewish Family & Children's Services
1430 Main St.
Waltham, MA 02151



Web: www.jfcsboston.org/our-services/center-for-early-relationship-support/new-parent-support/fragile-beginnings-support-group

Facebook: The Center for Early Relationship Support X: @jfcsboston

Primary Focus

- Emotional support for parents of premature infants and other babies who had a NICU stay
- Developmental guidance, connections to resources and connections to other families

Program Details

- **Eligibility Requirements:** Families whose babies, birth to 6 months, spent time in the NICU due to prematurity or other medical complications.
- **Location:** Home, NICU, other convenient location, remote
- **Visit Frequency/length:** Weekly for 3-6 months
- **Languages:** English
- **Cost:** No cost to families

Additional Offerings / Information

- Zoom Support Group for parents whose baby has had a NICU stay. Register online.

To schedule a visit:

Contact: Wendy Hurwitz

Phone: (781) 693-5623

Email: whurwitz@jfcsboston.org

HEALTHY FAMILIES CENTRAL MIDDLESEX

● Comprehensive Parenting and Family Support

Jewish Family & Children's Services
1430 Main St.
Waltham, MA 02151



Web: jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Healthy-Families
Facebook: The Center for Early Relationship Support X: @jfcsboston

Primary Focus

- Pregnancy and parenting support, healthy child development, parental health and wellbeing, and parent-child relationships
- Work with each family to define their strengths and to set and achieve personal goals, learn about positive parenting, and work towards becoming the parent they want to be
- Connect to other resources to support the family

Program Details

- **Eligibility Requirements:** First-time parents age 23 and younger; prenatal or parenting with a child less than 1 year old
- **Location:** Home, other convenient location, remote
- **Visit Frequency/length:** 1 hour weekly until the child turns 3, biweekly and monthly. All depends on the participants goals and needs.
- **Languages:** Spanish and English
- **Cost:** No cost to families

Additional Offerings/Information

- Family outings/events
- Work with and support co-parents
- Parent support group series

To schedule a visit:

Contact: Alejandra Huot
Phone: (781) 577-8180
Email: ahuot@jfcsboston.org

PROJECT NESST

(NEWBORNS EXPOSED TO SUBSTANCES: SUPPORT & THERAPY)

● Parent/Child Wellbeing

Jewish Family & Children's Services
1430 Main St., Waltham, MA 02151



Web: www.jfcsboston.org/our-services/center-for-early-relationship-support/parent-child-therapy/project-nesst

Facebook: The Center for Early Relationship Support X: @jfcsboston

Primary Focus

- Works with parents, caregivers, and infants to address the impact of substance use and trauma on parents' mental health, the early parent-child relationship, and infant development
- Flexible and individualized meetings to support physical and emotional health during pregnancy and after baby's born
- Support and case management services from a maternal recovery specialist who can offer connections to community resources, including recovery services

Program Details

- **Eligibility Requirements:** Substance-exposed newborns and their families, prenatal to 3 years old
- **Location:** Home, other convenient location or remote
- **Visit Frequency/length:** Weekly, up to 36 months
- **Languages:** English
- **Cost:** No cost to families

Additional Offerings/Information

- Support during baby's hospital stay
- Consultation to address the baby's unique development, sleep, feeding needs, including calming and soothing strategies such as infant massage
- Clinicians are available to provide technical assistance and training to community partners

To schedule a visit:

Contact: Central Intake
Phone: (781) 693-5006
Email: NESST@jfcsboston.org

VISITING MOMS

● Comprehensive Parenting and Family Support

Jewish Family & Children's Services
1430 Main St.
Waltham, MA 02151



Web: www.jfcsboston.org/our-services/center-for-early-relationship-support/home-visits/lauren-mark-rubin-visiting-moms

Facebook: The Center for Early Relationship Support X: @jfcsboston

Primary Focus

- Trained volunteers support parents of newborns who are isolated, overwhelmed, or simply adjusting to parenthood
- Nurture the parent and promote healthy parent-baby connection through non-judgemental relationship

Program Details

- **Eligibility Requirements:** Pregnant or a family with a new baby up to 1 year old
- **Location:** Home, other convenient location, remote
- **Visit Frequency/length:** Typically weekly for 1 hour
- **Languages:** English and Spanish available in some communities
- **Cost:** No cost to families

Additional Offerings/Information	To schedule a visit:
<ul style="list-style-type: none">• Parent support groups through out greater Boston• Other Early Relationship Support programs offered	<p>Contact: Tracy Rich Phone: (781) 693-5625 Email: trich@jfcsboston.org</p>

RIVERSIDE EARLY HEAD START

● Comprehensive Parenting and Family Support

474 Broadway
Somerville, MA 02145

Riverside Community Care®



Web: www.riversidecc.org/child-family-services/early-childhood-services/early-head-start/

Facebook: Riverside Community Care X: @RiversideCCare

Primary Focus

- Parent-Child Relationships: Strengthening the bond between parents and their children to promote healthy emotional and social development.
- Child Development: Supporting cognitive, social, and physical development in children from birth to age three, preparing them for future learning inspired by the Reggio Emilia approach.
- Family Support: Helping families achieve goals in areas like education, employment, and health, and connecting them to community resources.
- Health and Well-being: Ensuring children and pregnant women have access to health care, including regular screenings, prenatal care, mental health services, and nutrition education.
- School Readiness: Preparing children for success in school by promoting early literacy, problem-solving, and other foundational skills.

Program Details

- **Age:** Prenatal women and children birth to three.
- **Location:** Cambridge, Medford, and Somerville.
- **Languages:** Capacity to serve any language need.
- **Cost:** No cost to families

We welcome families of diverse cultures and backgrounds.

Additional Offerings/Information

- Weekly 90 minute home visits
- Parent-child socializations
- Health and nutrition education
- Prenatal support
- Training and workshops
- Family events and activities

To schedule a visit:

Phone: (617) 629-6652

Email: earlyheadstart@riversidecc.org

Apply online: <https://www.riversidecc.org/child-family-services/early-childhood-services/early-head-start/>

RIVERSIDE EARLY INTERVENTION PROGRAM

● Child at Risk for Developmental Delay

Riverside Community Care
14 Tyler St. Somerville, MA 02143

Riverside Community Care*

Web: www.riversidecc.org/child-family-services/early-childhood-services/early-intervention/

Facebook: Riverside Community Care X: @RiversideCCare

Primary Focus

- Assess child's development and parent wellness
- Partner with family building on culture & daily routines
- Individualized combination of supportive coaching, modeling, strategies, education, and hands-on treatment based on the child's and caregiver's preferences and learning needs
- Connection to community resources and programs
- Multi-disciplinary team includes R.N, physical therapists, occupational therapists, speech-language pathologists, developmental specialists, music therapists, mental health counselors and social workers

Program Details

- **Eligibility Requirements:** Children, birth to 3 years old with an established developmental delay or at risk of one due to physical, socio-emotional and environmental factors
- **Location:** Home, other convenient location or remote
- **Visit Frequency/length:** Frequency determined by need and caregiver preference, from several times a week to monthly.
- **Length of service:** Up to the child's third birthday
- **Languages:** Can change based on staffing. Currently speak Spanish, Portuguese, French, Mandarin, Cantonese, and Hebrew. Hire translators for other languages
- **Cost:** No cost to families

Additional Offerings/Information

- Parent support groups (some open to community members not enrolled in EI)
- Parent-child playgroups (open to community members not enrolled in EI)
 - Infant massage
 - Rainbow Dance and Music & Movement
 - Feeding
 - Complex Medical Needs

To schedule a visit:

Phone: (617) 629-3919

Email: cambsomeireferrals@riversidecc.org

EARLY INTERVENTION PARENTING PARTNERSHIPS (EIPP)

● Parent/Child Wellbeing

Riverside Community Care
14 Tyler St., Somerville, MA 02143

Riverside Community Care*

Web: www.riversideecc.org/child-family-services/early-childhood/#Early-Intervention-Parenting-Partnerships

Facebook: Riverside Community Care X: @RiversideCCare

Primary Focus

- Identify and reduce stressors to promote healthy pregnancy and infant development
- Secure attachment in the mother-baby dyad
- Promote maternal knowledge and confidence
- Connection to community resources and programs
- Multi-disciplinary team includes maternal child health R.N., mental health clinicians, community health worker, certified lactation consultant, and nutritionist

Program Details

- **Eligibility Requirements:** Pregnant or postpartum women with children under 2 months old with high level of stress, mental health concerns, substance use, insecure housing, food or clothing, high risk pregnancy, lack of prenatal care, poor previous birth outcomes, hepatitis B positive. If you are worried about a mom get in touch!
- **Location:** Home, other convenient location or remote
- **Visit Frequency/length:** Frequency determined by need and caregiver preference, from several times a week to monthly.
- **Length of service:** until the child's first birthday
- **Languages:** Can change based on staffing. Currently speak Spanish and French. Hire translators for other languages
- **Cost:** No cost to families

Additional Offerings/Information

- Groups for moms and babies
- Connection to our EI program with continuity of care

To schedule a visit:

Contact: Gloria Vazquez
Phone: (617) 420-5729
Email: eippreferrals@riversideecc.org

PARENT CHILD PLUS

(FORMERLY KNOWN AS PARENT CHILD HOME PROGRAM– PCHP)

● Literacy, Play and Early Learning

167 Holland Street
3rd floor, Suite 318H
Somerville, MA 02144

ParentChild+
Equal Possibilities From The Start



Web: www.somerville.k12.ma.us/district-departments/somerville-family-learning-collaborative-sflc

Facebook: <https://www.facebook.com/SFLCplaygroups> X: @SvilleSchools

Primary Focus

- Supporting parents in their role as the child's first teacher
- Promote language, literacy development, and school readiness
- Build on young children's natural interest in learning by promoting parent-child interaction and play, and by encouraging parents to use everyday items and the world around them as learning tools

Program Details

- **Eligibility Requirements:** Open to all *Somerville* families with children 12 months to 3.5 years old. Priority populations families facing poverty, language barriers and other obstacles to school success
- **Location:** Home, other convenient location or remote
- **Visit Frequency/length:** The visits are a half-hour, 2 x week, for 2 program cycles
- **Languages:** English, Spanish, Portuguese and other languages as needed
- **Cost:** No cost to families

Additional Offerings/Information

- SomerBaby Home Visits
- Parent Support Groups
- Ages and Stages Developmental Screenings
- SFLC Playgroups
- Family events, workshops and activities

To schedule a visit:

Contact: Fernanda Villar
Phone: (617) 625-6600 x 6992
Email: fvillar@k12.somerville.ma.us

SOMERBABY

● Universal One Time Visit

42 Prescott St.
Somerville, MA 02143



Web: www.somerville.k12.ma.us/district-departments/somerville-family-learning-collaborative-sflc/somerbaby

Facebook: Somerville Public Schools X: @SvilleSchools

Primary Focus

- SomerBaby is a universal one-time Home Visiting program to welcome all families with newborns to Somerville
- Families receive a beautiful SomerBaby bag filled with special gifts and resources for baby and family
- Home Visitors share information about literacy, child development, community resources, activities and events
- SomerBaby is a central point of entry for families to access Somerville services

Program Details

- **Eligibility Requirements:** Open to all *Somerville* families with children birth to 12 months old
- **Location:** Home, other convenient location or remote
- **Visit Frequency/length:** 1 time, 1 hours visit with follow-up
- **Languages:** English, Spanish, Portuguese and other languages as needed
- **Cost:** No cost to families

Additional Offerings/Information

- Parent Support Groups
- Parent-Child Plus Early Literacy Home Visiting Program
- Playgroups
- Ages and Stages Developmental Screenings
- Family events, workshops and activities

To schedule a visit:

Contact: Flor Apolaya

Phone: (617) 625-6600 X 6702

Email: fapolaya@k12.somerville.ma.us

THE CAMBRIDGE OFFICE OF EARLY CHILDHOOD (OEC)

Our Mission

To connect the city's early childhood ecosystem, **align** early childhood services and information, and **advocate** for and **advance** the needs of all young children, their families, and the early childhood workforce.



Our Vision

Every child and family in Cambridge has access to high quality early care and education experiences. As a result, all children enter school ready to thrive academically, physically, socially and emotionally and continue to do so through third grade and beyond.

Find Us at:



Website: www.earlychildhoodcambridge.org
Facebook: www.facebook.com/cambridgeoec



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