

February – Special Events Calendar

H: Hybrid • IP: In-person • V: Virtual

Monday	Tuesday	Wednesday	Thursday	Friday
2 Journey to Hope Group wellness 9:30-12:00 (IP) Tai Chi Paradigm 1:30-2:30 (IP)	3 LGBTQ+ Film Series <i>The Wedding Banquet</i> 10:00 – 12:30 (IP) ESOL Intermediate: 10:00 - 12:00 (IP)	4 Blood Pressure Clinics 1:00-2:00 (IP)	5 Town Meeting 12:30 - 1:00 (IP) Senior Home Education Mini-Series 10:00-11:00 (IP) Quilting Workshop 1:00-3:00(IP)	6
9 Journey to Hope Group wellness 9:30-12:00 (IP) Tai Chi Paradigm 1:30-2:30(IP) MA National Federation of the Blind -Cambridge Chapter 6:00 – 7:30 (IP)	10 COA Board Meeting 9:30 - 11:00 (V) ESOL Intermediate: 10:00 - 12:00 (IP)	11 Chinese Lunar New Year Celebration 9:00 - 12:00 Veterans & Friends Support Group 1:00-2:00 (IP)	12 Tech Access Program (TAP) Tik Tok for Beginners 10:00–11:00 (IP) Book Group 12:00 - 1:00 (H) Quilting Workshop 1:00 – 3:00 (IP)	13 Meditation and Mandala 10:00-11:00 (IP))
16 Presidents Day Holiday	17 Men's Group 10:00 - 11:30 (IP) Trip to the Foundry 10:30 -3:00 Bangladesh Social Group 1:00 - 3:00 (IP) Zumba Gold and Chair Exercise Canceled	18 Safety Awareness 1:00-2:00 (IP) Chair Exercise (V) Canceled	19 Quilting Workshop 1:00 – 3:00 (IP)	20 Bingo 9:30-11:00 (IP)
23 Journey to Hope Group wellness 9:30-12:00 (IP) Tai Chi Paradigm 1:30-2:30 (IP) Mass Senior Action Meeting 11:00 – 12:30 (IP)	24 ESOL Intermediate: 10:00 - 12:00 (IP) Film and discussion 1:00 - 3:30 (IP)Movie: <i>Fatherhood</i> Zumba Gold and Chair Exercise Canceled	25	26 Senior Home Education mini-series 10:00-11:00 (IP) Sarasa Ensemble Baroque Musical Performance 1:00 – 2:00	27