



## 2022 Cambridge Recreation Department Co-Sponsored with Tomorrow's **STARS** Flag Football Camps

Program times are 9:00 a.m. – 1:00 p.m. (Circle the program you are attending)

Flag Football                      July 25-28                      Ages 6 – 14                      Russell Field                      \$180

Participant's Last Name                      First Name                      Birth Date

Age                      Male/Female                      Parents Name                      Mobile Phone

Email                      Emergency Contact & Phone Number

Mailing Address                      City/State                      Zip Code

**Other numbers/contact**

I hereby give permission for my child to participate in all activities of the Tomorrow's Stars All Sports Clinics I, the undersigned, submit my son/daughter is physically fit to participate in strenuous athletic activity, and waive Tomorrow's Stars & the City Cambridge Recreation Department of any and all responsibility for injury or illness. I hereby authorize the directors of Tomorrow's Stars to act for me accordingly to their best judgment in any emergency requiring medical, surgical and/or dental examination. It is understood that these activities involves an element of risk and of danger and knowing those risks I hear by assume those risks. I also understand that I am solely responsible for the payment of any such medical expenses and must provide the clinic with proof of medical and accident insurance. In the absence of a Parent/Guardian signature below, payment and fees and participation in the program shall constitute acceptance of the conditions set forth in the release. By signing the agreement, I understand the contagious nature of COVID 19 and voluntarily assume the risk that my child(ren) may be exposed or infected by attending the program.

Signature                      Print Name                      Date



Mailing Address Tomorrow's Stars 2 Pearly Lane • Franklin, MA 02038

Cambridge Recreation (617) 349.6279

**Contact:** *Tomorrow's Stars*  
(508) 404-4288 • email: starsbbpride@yahoo.com • web: www.starsbb.com

**TUITION: \$180 for the session. Please make check payable to Tomorrow's Stars. Friday will be used as a rain day**

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## *Tomorrow's Stars Flag Football Camp*

**We have run our flag football program in Franklin for 13 years. We are bringing this program to Cambridge. We use the NFL Flag Football guide A good NFL FLAG coach understands the principles of football, but also is experienced in teaching basic physical skills to young players. Participation by all players is part of NFL FLAG's philosophy, we want to make each player feel important and part of the team.**

**This program requires the assistance of good coaches that will teach kids proper mechanics and skills while encouraging team concepts and sportsmanship. We want our participants to be safe, use caution when playing and have fun.**

**Our specific sports programs are designed to teach campers fundamentals and skills in each sport. Each child will develop at his/her own pace. There will be scrimmages and group activities.**

The idea behind our ALL SPORTS program is to offer a variety of team sports to our campers. Our goal is to provide a very active and fun environment for the young sport enthusiast or introduce new sports and new games to our young campers. Our staff has not changed. Our staff is comprised of local high school and college level coaches as well as some of the best student athletes in this area that are actively engaged in varsity or college level sport teams.

**Site Leader: John Burgess has been a Physical Education Teacher for 31 years. He has been a high school baseball, soccer and hockey coach for 30 years. He has coached college hockey for the last 20 years. John has been directing the Tomorrow's Stars programs for over 20 years.**

**Jim Edgehill is the founder and director of Tomorrow's Stars All Sports camps. He played collegiality in baseball and basketball at Salem State College. He has coached basketball at the high school and collegiate levels. He has been a Physical Education teacher for 23 years in the city of Cambridge. He is also actively involved as a volunteer here in Franklin for youth basketball, baseball, softball, soccer and lacrosse programs.**

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### Schedule

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<b>9:00</b> –Welcome children	<b>9:10</b> – Group Stretching
<b>9:20</b> – Introduction skills of day	<b>9:30</b> – Develop Skills
<b>10:15</b> –Games	<b>11:00</b> –Snack and Break
<b>11:15</b> – Skill contest	<b>11:45</b> – Skill Training
<b>12:00</b> –Develop Skills	<b>12:15</b> – Games and contests
<b>12:50</b> – Close camp and Review	<b>1:00</b> – Dismissal

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