**Summer 2023 ‘Mindful Fun Yoga’ at Garden Nursery School**

**Participant Information and Release Form**

**Directions:**

Download this form as a Word document to edit.

Type name to sign electronically and return by email to [artipande@gmail.com](mailto:artipande@gmail.com)

An alternative is to print and mail it to me:   
Arti Pandey, 296 Broadway, Cambridge, MA 02139

**Questions?**

​ Email, call or text Arti (617-460-4473 ©). ​I am happy to assist!

**Parent/Guardian Name**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Child Name**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Child’s Birthdate**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Child’s age by July 20, 2023** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Address**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Phone:(c)**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **(h)**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Email**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **(required for confirmation)**

**This application is for:**

**Session 1:​** July 24-28 ​(M-F, 9.00am to 12.00pm) \_\_\_​\_\_\_\_\_\_ ​

**Session 2:​** July 31- August 4 ​(M-F, 9.00 am to 12.00pm) \_\_\_\_\_\_\_\_ ​

**Cost/Week:** $325 per child/per week

​Please make check payable to Arti Pandey  
**&**  
mail to: Arti Pandey, 296 Broadway, Cambridge MA 02139

**Getting To Know You:**

1. How did you hear about this program?

1. Are you a current or alumni GNS family? Yes No

1. Has your child attended school or camp before?

1. What do you hope your child will gain from this experience?

1. Does your child have any allergies--food or otherwise? If so, please list here:

1. Are there any other physical conditions/particular needs of which we should be aware in order to keep your child safe and happy during the program?

**TRANSPORTATION INFORMATION**

My child may be picked up by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**EMERGENCY CONTACT INFORMATION** (If parent/guardian(s) cannot be reached, please contact):

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Day Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Relationship to child\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**GENERAL MEDICAL INFORMATION**

\_\_\_\_\_\_My child’s records are complete, up to date, and on file at Garden Nursery School.

\_\_\_\_\_\_There are no records on file at Garden Nursery School for my child. Certificate of Immunization must be received by Monday, July 10, 2023, for program attendance.

My child has:

\_\_\_\_Allergies  
 \_\_\_\_Asthma  
 \_\_\_\_Medical Condition: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**ALLERGIES**

My child is allergic to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**MEDICATIONS**

My child is currently taking the following medications\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**CANCELLATION POLICY**

By June 26th: 100% refund excluding $30.00 registration fees

By July 3rd: 50% refund excluding $30.00 registration fees

After July 10th: No refunds

Please understand that this cancellation policy allows time for new families to join the camp as well as making it feasible to have a small teacher-student ratio.

**Photo Release**

I hereby give permission to Arti Pandey, Mindful Fun Yoga Summer Program, Garden Nursery School, and all sponsoring agencies for images captured, through photo and digital camera, during the Mindful Fun Yoga Summer Program at Garden Nursery School, to be used solely for the purposes of promotional material and publications for Mindful Fun Yoga, and waive any rights to compensation or ownership thereto.

**Child’s Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Parent/Guardian Signature & Date**

**RELEASE AND WAIVER OF LIABILITY AGREEMENT**

***PLEASE READ THIS RELEASE AND WAIVER OF LIABILITY AGREEMENT CAREFULLY. MAKE SURE YOU UNDERSTAND ITS CONTENTS AND SEEK ANY ADVICE YOU MAY NEED BEFORE EXECUTING THIS RELEASE AND WAIVER OF LIABILITY AGREEMENT.***

In consideration of my child, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, (my “Child”) being permitted to participate in Mindful Fun Yoga Summer Program at Garden Nursery School or being permitted to use Mindful Fun Yoga or Garden Nursery School facilities, equipment or machinery, the undersigned parent or legal guardian of the Child, for herself or himself (the “Parent”) and on behalf of the Child named herein, agrees and acknowledges as follows:

1. Participant hereby waives any and all claims for personal injury, death, illness, loss, expense, emotional condition, or property damage that Child or Parent may have against ARTI PANDEY and any approved assistants for Mindful Fun Yoga, Christ Church Cambridge, the Garden Nursery School, its Trustees, officers, employees, servants, agents and executors arising out of Child’s participation in any of the Arti Pandey’s activities or programs of Mindful Fun Yoga or use of Garden Nursery School’s or Mindful Fun Yoga facilities, equipment, or machinery, except to the extent said claims are caused by the gross negligence of Mindful Fun Yoga .

2. Participant hereby forever releases and holds harmless Arti Pandey and any approved assistants for Mindful Fun Yoga, Christ Church Cambridge, the Garden Nursery School, its Trustees, officers, employees, servants, agents and executors from and against any and all liability or responsibility for any claims, loss, damage, injury, death, illness, emotional condition, medical or other expense that Child may suffer or that Child may cause another to suffer, arising out of Child’s participation in any of the activities or programs of Mindful Fun Yoga or use of Garden Nursery School’s or Mindful Fun Yoga facilities, equipment, or machinery, except to the extent said claims are caused by the gross negligence of Mindful Fun Yoga.

3. Participant acknowledges and declares that Child is physically and emotionally sound and is suffering from no known condition, impairment, disease, infirmity, or other illness that may prevent Child from participating in any of the activities or programs of Mindful Fun Yoga or Garden Nursery School or use of the facilities, equipment or machinery.

5. Participant acknowledges that it is strongly recommended by Mindful Fun Yoga that prior to Child’s participation in the activities or programs of Mindful Fun Yoga or Child’s use of the facilities, equipment or machinery, Parent obtain a medical evaluation and doctor approval regarding the activities and programs of Mindful Fun Yoga and use of equipment and machinery.

6. Participant acknowledges that it is strongly recommended by Mindful Fun Yoga that Child have a yearly or more frequent physical examination and consultation with Child’s physician as to physical activity, exercise, and use of exercise and training equipment so that Parent and Child may have recommendations concerning these fitness activities and equipment use.

7. Participant acknowledges that Child has either had a physical examination and has been given permission by a physician to participate or that Parent has decided to allow Child to participate in the activities or programs of Mindful Fun Yoga and/or use the facilities, equipment or machinery without the approval of a physician. In either event, Parent agrees to knowingly assume for Parent and on behalf of Child all responsibility for Child’s participation in the activities or programs of Mindful Fun Yoga and/or use of the facilities, equipment or machinery. (Please initial. \_\_\_\_\_\_\_\_)

8. Participant acknowledges that Parent and Child are responsible for complying with all applicable rules, regulations and practices of the Garden Nursery School and Mindful Fun Yoga Summer Program.

***I HAVE READ AND UNDERSTAND THE CONTENT OF THIS RELEASE AND WAIVER OF LIABILITY AGREEMENT. I AM AWARE THAT BY EXECUTING THIS AGREEMENT, I AM WAIVING CERTAIN LEGAL RIGHTS THAT I, MY CHILD OR OUR HEIRS, NEXT OF KIN, EXECUTORS OR ADMINISTRATORS MAY HAVE AGAINST ARTI PANDEY AND ANY APPROVED ASSISTANTS FOR MINDFUL FUN YOGA, CHRIST CHURCH CAMBRIDGE, THE GARDEN NURSERY SCHOOL THROUGH ITS MINDFUL FUN YOGA SUMMER PROGRAM.***

**Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Signature:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Print Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_